

Colon Cancer: Find and Stop Cancer Im Series



Colon Cancer Find & Stop (Cancer.im Series)

★★★★★ 5 out of 5

Language : English
File size : 123 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 45 pages
Lending : Enabled

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A comprehensive guide to understanding, preventing, and treating colon cancer. This book empowers you with the knowledge and tools to take charge of your health and reduce your risk of developing this deadly disease.

What is Colon Cancer?

Colon cancer is the third leading cause of cancer death in the United States. It is a type of cancer that starts in the colon or rectum. The colon is the large intestine, and the rectum is the last part of the digestive system. Colon cancer occurs when cells in the colon or rectum grow out of control.

Risk Factors for Colon Cancer

There are a number of risk factors for colon cancer, including:

- **Age:** The risk of colon cancer increases with age.
- **Family history:** People who have a family history of colon cancer are at an increased risk of developing the disease.
- **Personal history of colon polyps:** People who have had colon polyps are at an increased risk of developing colon cancer.
- **Inflammatory bowel disease:** People who have inflammatory bowel disease are at an increased risk of developing colon cancer.
- **Obesity:** Obese people are at an increased risk of developing colon cancer.
- **Smoking:** Smokers are at an increased risk of developing colon cancer.

- Alcohol consumption: Heavy alcohol consumption is linked to an increased risk of colon cancer.
- Diet: A diet high in red meat and processed meats is linked to an increased risk of colon cancer.

Symptoms of Colon Cancer

The symptoms of colon cancer can vary depending on the stage of the disease. In the early stages, there may be no symptoms. As the cancer progresses, symptoms may include:

- Rectal bleeding
- Blood in the stool
- Diarrhea or constipation
- Narrow stools
- Abdominal pain or cramping
- Weight loss
- Fatigue

Diagnosing Colon Cancer

Colon cancer is diagnosed through a variety of tests, including:

- Colonoscopy: A colonoscopy is a procedure in which a thin, flexible tube with a camera on the end is inserted into the colon to look for polyps or cancer.

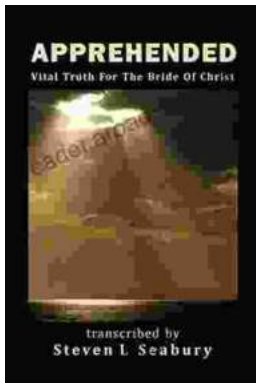
- Sigmoidoscopy: A sigmoidoscopy is a procedure in which a thin, flexible tube with a camera on the end is inserted



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