

# DIY Homemade Hand Sanitizer and Surface Disinfectant Wipes: Protect Yourself from Germs

In today's germ-ridden world, it's more important than ever to keep our hands and surfaces clean and disinfected. While commercial hand sanitizers and surface wipes can be effective, they can also be expensive and harsh on our skin. The good news is that you can easily make your own effective and affordable hand sanitizer and surface disinfectant wipes using simple ingredients and a few easy steps.

There are many benefits to making your own homemade hand sanitizer and surface disinfectant wipes, including:

- **Cost-effective:** Homemade hand sanitizer and surface wipes are much cheaper to make than commercial products.
- **Natural and safe:** You can control the ingredients in your homemade products, so you can avoid harsh chemicals and fragrances that can be irritating to your skin.
- **Effective:** Homemade hand sanitizer and surface wipes can be just as effective as commercial products at killing germs.
- **Versatile:** You can use homemade hand sanitizer and surface wipes to clean your hands, surfaces, and even small objects like doorknobs and light switches.

To make your own homemade hand sanitizer and surface disinfectant wipes, you will need the following ingredients:



## DIY HOMEMADE DISINFECTANT SPRAY AND WIPES: DIY Homemade Hand Sanitizer And Surface Disinfectant Wipes To Kill Germs In 5 Minutes

★★★★★ 5 out of 5

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- For hand sanitizer:
    - 2/3 cup rubbing alcohol (70% or higher)
    - 1/3 cup aloe vera gel
    - 10-15 drops of your favorite essential oil (optional)
  - For surface disinfectant wipes:
    - 1 cup water
    - 1/4 cup white vinegar
    - 1 tablespoon dish soap
    - 10-15 drops of your favorite essential oil (optional)
1. Combine the rubbing alcohol, aloe vera gel, and essential oil (if desired) in a clean bowl.

2. Stir until well combined and slightly thickened.
  3. Pour the mixture into a clean spray bottle.
  4. To use, spray a small amount into your hands and rub together until dry.
1. Combine the water, white vinegar, dish soap, and essential oil (if desired) in a clean bowl.
  2. Stir until well combined.
  3. Cut paper towels or a roll of cloth into squares or rectangles.
  4. Dip the paper towels or cloth into the solution and wring out any excess.
  5. Place the wipes in a clean container or bag.
  6. To use, wipe down surfaces until clean and disinfected.
- **Use hand sanitizer frequently:** Apply hand sanitizer to your hands after touching surfaces, before eating, and after using the bathroom.
  - **Clean surfaces regularly:** Use surface disinfectant wipes to clean frequently touched surfaces, such as doorknobs, countertops, and light switches.
  - **Avoid touching your face:** Germs can easily spread to your face through your hands, so avoid touching your face as much as possible.
  - **Wash your hands with soap and water when possible:** Hand sanitizer is not a substitute for washing your hands with soap and water. Wash your hands for at least 20 seconds, especially after using

the bathroom, before eating, and after touching surfaces that may be contaminated with germs.

Making your own homemade hand sanitizer and surface disinfectant wipes is a quick, easy, and affordable way to protect yourself from germs. By using simple ingredients and following the instructions above, you can create effective and natural products that will help you keep your hands and surfaces clean and disinfected.



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